

Options for lodging and fitness level:

Most trips will also allow you the flexibility of choosing the *level of luxury* and *physical activity* from the options below.

SILVER GOLD OR PLATINUM LODGING PACKAGES:

Most packages will allow you the choice of Business Class-5 Star Hotels within the cities & Jungle Lodges or 4 Star Hotels while on excursions. (some more remote destinations will require a Rustic Cabin for that portion)

SILVER LEVEL



Your time in the cities between jungle jaunts is usually brief. We suggest you choose a top notch business class or 3-Star Hotel.



In the jungle, you will find our lodges are basic but comfortable. With cold water showers, western plumbing and effective ceiling fans.

GOLD LEVEL



You can select 4-5 star hotels even for short city stays, or can move into them at the conclusion of your excursions, if you have several free days to explore the city.



Some destinations also offer 4-5 Star comfort in the middle of the jungle

PLATINUM LEVEL



There are a multitude of luxurious beach resorts & spas in which to relax and pamper yourself.



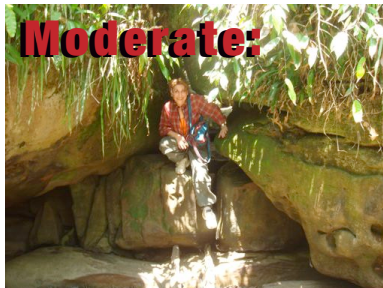
A great way to recuperate after a week of trekking, or spend your entire trip sampling our luxurious-resorts.

'EASY' 'MODERATE' OR 'CHALLENGING' FITNESS LEVELS:

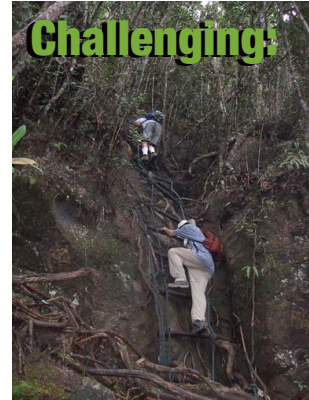
Many of our trips can be adapted to your fitness level: Please note that you have to be in good health to enjoy any of our trips as some level of activity is always involved, such as getting in and out of boats and walking on uneven terrain in a tropical climate.



Easy: From 2 to 3 hours of walking/hiking per day



Moderate: Longer periods of activity on some days of the trip (up to 4-6 hours). Elevation



Challenging: Longer accents, higher elevation, and more strenuous activities. You have to be very fit to enjoy these trips.